

## Glossary of Common Terms and Acronyms

**AAL** – Affordable Assisted Living – assisted living for low to moderate income adults.

**ADL** – Activities of Daily Living – walking, eating, dressing, bathing, toileting and transfer between bed and chair.

**ADC** – Adult Day Care – programs providing elderly adults with various social and some health-oriented services in a supervised outpatient group setting.

**ALH** – Assisted Living Home – Helps frail and cognitively impaired elders and adults with disabilities maintain independence and dignity by providing a congregate residential setting with personal and healthcare services, including 24-hour supervision and assistance. It provides activities and services designed to: 1) minimize the need to move; 2) accommodate individual residents' changing needs and preferences; 3) maximize residents' autonomy, privacy, independence and safety; and 4) encourage family and community involvement.

**Care Coordination Services** – assists clients in gaining access to Medicaid waiver and other needed services. Care coordinators are responsible for initiating and overseeing the assessment and planning process, as well as the ongoing monitoring and annual review of a recipient's eligibility and plan of care.

**Certification** – the process of becoming approved to provide services that are reimbursable by Medicaid. Certification is obtained by applying to DSDS, depending on clients served.

**CHOICE** – Community and Home Options to Institutional Care for Everyone – a Medicaid waiver program offering alternatives to people who otherwise would have to be in a nursing home. Also known as the HCB (Home and Community Based) Medicaid Waiver. Services may include respite care, environmental modification, adult day care, transportation, specialized medical equipment, chore services, private duty nursing, care in an assisted living home, home-delivered meals, and regular Medicaid services such as office visits with physicians, prescriptions and personal-care attendants.

**DHCS** – Division of Health Care Services, in the State of Alaska Department of Health and Social Services. DHCS is responsible for administering the State Medicaid program.

**DPA** – Division of Public Assistance, in the State of Alaska Department of Health and Social Services. The Division of Public Assistance determines financial eligibility for Medicaid and other programs according to federal and state rules.

**DSDS** – Division of Senior and Disabilities Services, in the State of Alaska Department of Health and Social Services.

**Enrollment** – After certification is obtained from DSS or DMHDD, the Alaska Medicaid Provider Enrollment Form is submitted to FHSC. Enrolled providers receive a Medicaid provider ID number, which allows them to submit bills for services provided to Medicaid clients.

**FHSC** – First Health Services Corporation – the fiscal agent for the State of Alaska, Division of Medical Assistance. Service providers submit Medicaid bills to First Health for processing and payment.

**General Relief** – a state-funded public assistance program for vulnerable adults. General Relief can pay for assisted living home services.

**HCB** – see CHOICE.

**IADL** – Instrumental Activities of Daily Living: doing laundry, cleaning of living areas, food preparation, managing money and conducting business affairs, using public transportation, writing letters, obtaining appointments, using the telephone, and engaging in recreational or leisure activities.

**Licensing** – the process of meeting safety and service standards to become eligible to operate an assisted living home. Licensing is administered by DSS Assisted Living Homes Licensing.

**LTC** – Long-Term Care – a spectrum of health and social service programs designed to provide personal care assistance over an extended period of time. These include services in the home, assisted living and skilled nursing facilities.

**Medicaid** – a federal- and state-financed health benefits program that is available to children, families, disabled adults, the elderly and pregnant women whose incomes and resources do not exceed specific guidelines.

**Medicare** – a federally funded health insurance program available to U.S. citizens 65 and older, and certain disabled people, regardless of income or individual circumstances.

**Respite Care** – short-term relief for primary care providers, including family members, foster parents, and guardians in the form of alternative caregivers, whether or not it is provided in the recipient's home or at another location.

**RSLA** – Residential Supported Living Arrangements – refers to the variety of residential settings (including assisted living) in which assistance with activities of daily living and other services are provided to those who cannot live alone but do not need the 24-hour skilled medical care of a nursing home.

**Senior Assistance Program** – a needs-based benefit program available to all Alaskan seniors age 65 or older who meet certain eligibility requirements. Offers a cash benefit of \$120 per month, and will be available from September 1, 2003, through June 30, 2004, contingent upon availability of funds.

**Waiver** – see CHOICE.